

Statutory content & guidance

- Citizenship National Curriculum, Programme of Study 2013, [statutory programme of study](#)
- Relationships Education, Relationships and Sex Education (RSE) and Health Education, DfE, last updated for September 2026: [Relationships Education, Relationships and Sex Education and Health Education guidance](#)
- CEIAG – [Careers Education, Information, Advice & Guidance](#)
- British Values & SMSC – [Statutory guidance in 2014](#)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7 (2 per fortnight)	<u>Big Idea: Who am I, and how do my identity and values affect how I treat others?</u> • Identity • Diversity • Family, Friendships (RSHE) • Changing Friendships • Neurodiversity • Values of school • Bullying • Child on Child • TCS Standards of Excellence		<u>Big Idea: What does it mean to belong to a community, and what responsibilities come with that?</u> • Community & volunteering including public spending • Respecting the Law • Charity – Foodbank • Making a difference • Financial education: how to set up a bank account, how to save, the differences between debit and credit cards • Structure of debates, advocacy & representation, oracy		<u>Big Idea: How do my choices affect my health now and in the future?</u> • Risky behaviour • Personal hygiene • Healthy eating • Alcohol, smoking, drugs	<u>Big Idea: What skills and qualities help people create their own business?</u> • Careers • What is an entrepreneur? • Careers project
Year 8 (2 per fortnight)	<u>Big Idea: How does the law protect people — and what happens when it fails?</u> • Joint enterprise, Stop & search, criminal law • County lines • How laws are made (Legislature) & enforced (police, courts) • Freedom of speech & conflicting human rights • Prevent & extremism, hate crime		<u>Big Idea: How do media, technology and comparison affect how we see ourselves and others?</u> • Body image & mental health • Child on child (E-safety, online relationships, apps) • Media bias including gender, disability • Changing relationships	<u>Big Idea: How can I make informed choices about risk, safety and health?</u> • Conception • Contraception • Female Genital Mutilation (FGM) • Drugs & alcohol • Vaping • First Aid • Healthy living • Risky behaviour	<u>Big Idea: How can technology and crime overlap — and how do people become vulnerable?</u> • Knife Crime and Violent Crime • Online Criminal Behaviour • Artificial Intelligence • Exploitation • Being Safe Online	<u>Big Idea: What does success mean to me — and how does money affect that?</u> • What does success mean to you? • LMI • Finance & money matters (Careers & Citizenship)



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 9 (2 per fortnight)	<u>Big Idea: How can ordinary people create change in their communities?</u> - Local council, MPs, how are local decisions made? - How diversity has shaped Britain. - Volunteering - How can I effect change? Online petitions, letters, contact MPs, campaigning, protest (direct & indirect) - Active citizenship project		<u>Big Idea: How do my choices now shape my options later?</u> - Unifrog introduction - Work skills - Careers - GCSE options - Apprenticeships	<u>Big Idea: How can money and the internet increase opportunity — and risk?</u> - Savings, pensions, insurance, credit cards, bank accounts, mortgage, loan Online Safety Online Criminal Exploitation	<u>Big Idea: What makes relationships healthy, respectful and safe?</u> - Conception, contraception, STIs, fertility, family planning, teen pregnancy, miscarriages, unplanned pregnancy - Child on child, sexuality & gender, consent - Mental health, body image, help for unhealthy coping strategies The media and the impact on relationships Puberty and menstrual wellbeing Substance abuse and how this affects relationships	
Year 10 (2 per fortnight)	<u>Big Idea: How do people build careers in a changing world?</u> - Future Careers - Further & higher education, apprenticeships - Labour Market Information How do you source a Work Experience placement?	<u>Big Idea: How are human rights protected — and why are they sometimes ignored?</u> - Human rights - Protecting Human rights - EU, UN, NATO, Commonwealth - What is a Democracy? - What is a Dictatorship?	<u>Big Idea: Who has power in the UK — and how can citizens influence decisions?</u> - UK Political system including local government - Voting, Prime Minister, Cabinet, Government, Parties, Monarch	<u>Big Idea: How do adults manage money, work and responsibility?</u> - Budgeting - Income and expenditure Preparing for Work Experience Personal Data Rights and responsibilities at work Confidentiality at work Discrimination in the workplace	<u>Big Idea: What responsibilities come with intimacy, family and parenthood?</u> - Healthy relationships, the role of pleasure in a relationship - Ending relationships - Family planning & marriage - Sexual exploitation - Sexting - Pornography - Responsibilities of parenthood <i>n.b. mock exams & Careers Week will interrupt unit</i>	
Year 11 (2 per fortnight)	<u>Big Idea: What am I doing next and how do I make it work for me?</u> - What is a Personal Statement? - Post 16 applications - Apprenticeships Labour Market Information - Endurance: Fitness, Nutrition Healthy body & mind - Financial literacy - Emergency first aid and life-saving skills - Loans, credit, finance, gambling - Available health services (NHS and other health services)		<u>Big Idea: How do I leave school as a safer, more informed, more autonomous young adult?</u> - Drugs, alcohol, vaping, smoking Knife Crime and Violent Crime Online Criminal Behaviour Criminal Exploitation - Future planning – relationships, parenthood, marriage, maternity/paternity/parental leave			



	Autumn Term	Spring Term	Summer Term
Year 7	Self-Assessment 'I Can' statements	Speaking and Listening assessment	Self-Evaluation
Year 8	Written assessment	Speaking and Listening assessment	Self-Evaluation
Year 9	Group presentation assessment	Written assessment	Self-Evaluation
Year 10	Written assessment	Group presentation assessment	N/A

How do we assess in Personal Development?

Self-assessment 'I Can' statements and Self-Evaluation are used for KS3 with their My Positive Start and My Body and Mind topics: this is so students are able to reflect on their own knowledge to develop their understanding of the some of the sensitive topics that have been taught.

Written assessments are used for all year groups: this will consist of ten questions that are then self-marked afterwards.

Group presentation assessments are used just for Year 9 and Year 10 with their My World topics. For Year 9, this will consist of the Active Citizen project that they will work on in groups. For Year 10, they will be participating in a Political Party race where they will then present to their peers, and we will hold a vote.

Speaking and Listening assessments are used for all year groups. This will consist of a speech and they will be assessed on their oracy skills, the content of the speech and the techniques used.