



Statutory content & guidance

- [Citizenship National Curriculum, Programme of Study 2013 \(Citizenship\)](#)
- [Relationships Education, Relationships and Sex Education \(RSE\) and Health Education, DfE, 2019 \(RSHE\)](#)
- [Careers guidance and access for education and training providers, Department for Education, 2018 \(CEIAG\)](#)
- [Promoting fundamental British values as part of SMSC in schools, Department for Education, 2014](#)

Key stage 3

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7 (2 per fortnight)	<p><u>Theme:</u> RSHE, Citizenship <u>Topic:</u> Making a positive start</p> <ul style="list-style-type: none"> • Identity & diversity • Family, Friendships (RSHE) • Rules of school & community (Citizenship) • Values of school (Include values passport) • Bullying • Peer on peer • Learning behaviours 		<p><u>Theme:</u> Citizenship <u>Topic:</u> Current affairs (Debating)</p> <ul style="list-style-type: none"> • Current affairs, Moral issues, critical analysis • Structure of debates, advocacy & representation, oracy 	<p><u>Topic:</u> Citizenship <u>Theme:</u> Community</p> <ul style="list-style-type: none"> • Public spending, volunteering • Active citizenship projects • Charity – Foodbank • Financial literacy & enterprise (Grow a fiver) 	<p><u>Theme:</u> RSHE <u>Topic:</u> Health & Wellbeing</p> <ul style="list-style-type: none"> • Risky behaviour • Personal hygiene & healthy eating • Alcohol, smoking, drugs • Impact of technology, social media 	<p><u>Theme:</u> CEIAG <u>Topic:</u> My future</p> <ul style="list-style-type: none"> • Introduction to Unifrog • Careers • Work skills & personal qualities
Year 8 (2 per fortnight)	<p><u>Theme:</u> RSHE, Citizenship <u>Topic:</u> Me & the Media</p> <ul style="list-style-type: none"> • Body image & mental health • Peer on peer (E-safety, online relationships, apps) • Media bias including gender, disability • Media influence including gambling & addiction, stereotyping • Stereotypes & prejudicial language 		<p><u>Theme:</u> Citizenship <u>Topic:</u> Living in the wider world: UK Justice System</p> <ul style="list-style-type: none"> • Joint enterprise, Stop & search, criminal law • County lines • How laws are made (Legislature) & enforced (police, courts) • Freedom of speech & conflicting human rights • Prevent & extremism, hate crime 		<p><u>Theme:</u> RSHE <u>Topic:</u> My Body</p> <ul style="list-style-type: none"> • Conception • Contraception (RSHE) • Drugs & alcohol • First Aid • Healthy living • Risky behaviour 	<p><u>Theme:</u> CEIAG, Citizenship <u>Topic:</u> My Future 2</p> <ul style="list-style-type: none"> • Unifrog introduction • What does success mean to you? • Career Terminology • Careers & employment • Finance & money matters (Careers & Citizenship)



Year 9 (2 per fortnight)	<u>Theme: RSHE</u> <u>Topic: My Body 2</u> <ul style="list-style-type: none"> • Conception, contraception, STIs, fertility, family planning, teen pregnancy, miscarriages, unplanned pregnancy • Peer on peer, Sexuality & gender, consent • Mental health, body image, healthy & respectful relationships • Substance abuse 	<u>Theme: CEIAG,</u> <u>Topic: My Future 3</u> <ul style="list-style-type: none"> • Unifrog introduction • Work skills • Careers • GCSE options 	<u>Theme: CEIAG, Citizenship</u> <u>Topic: Financial Literacy</u> <ul style="list-style-type: none"> • Savings, pensions, insurance, credit cards, bank accounts, mortgages, loan • Consumer rights 	<u>Theme: Citizenship</u> <u>Topic: Active Citizenship & Local Democracy</u> <ul style="list-style-type: none"> • Local council, MPs, how are local decisions made? • Volunteering • How can I effect change? Online petitions, letters, contact MPs, campaigning, protest (direct & indirect) • Active citizenship project
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Key stage 4

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10 (2 per fortnight)	<u>Theme: RSHE</u> <u>Topic: Healthy Relationships</u> <ul style="list-style-type: none"> • Respect, consent, healthy relationships • Domestic violence, Sexual Consent, Rape & Sexual Offences, Grooming, Sexual Exploitation • FGM • Different forms of relationship, Family planning, marriage, arranged v forced marriage, Responsibilities of parenthood 		<u>Theme: Citizenship</u> <u>Topic: UK & World Politics</u> <ul style="list-style-type: none"> • UK Political system including local government • Voting, Prime Minister, Cabinet, Government, Parties, Monarch • Democracy & Free press • Comparisons with other political systems (non-democratic) • EU, UN, NATO, Commonwealth • Case studies of Human Rights abuses etc – Rwandan genocide, Northern Ireland • International Law 		<u>Theme: CEIAG</u> <u>Topic: Work Experience preparation</u> <ul style="list-style-type: none"> • Behaviour in the workplace • Work skills • Logistics of WEX • Future Careers • Labour Market • Further & higher education, apprenticeships • CV writing • Preparation for mocks & year 11, study skills <i>n.b. mock exams</i>	
Year 11 (2 per fortnight)	<u>Theme: CEIAG</u> <u>Topic: Money matters & My Future 4</u> <ul style="list-style-type: none"> • Budgeting & public money • Student finance (student loans, HE, apprenticeships) • Benefits & bank accounts • Post 16 & Apprenticeship applications including personal statement writing • Unifrog 		<u>Theme: RSHE, CEIAG</u> <u>Topic: Endurance</u> <ul style="list-style-type: none"> • Fitness, Nutrition, Healthy body: healthy mind • Mental health, stress & anxiety • Preparation for leaving school 	<u>Theme: RSHE</u> <u>Topic: My Body 3</u> <ul style="list-style-type: none"> • Sexual health – Contraception & STIs • Drugs, alcohol, smoking, substances 		