

Statutory content & guidance

- Citizenship National Curriculum, Programme of Study 2013, [statutory programme of study](#)
- Relationships Education, Relationships and Sex Education (RSE) and Health Education, DfE, last updated Sept 2021: [Relationships and sex education \(RSE\) and health education - GOV.UK \(www.gov.uk\)](#)
- CEIAG – [Careers Education, Information, Advice & Guidance](#)
- British Values & SMSC – [Statutory guidance in 2014](#)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7 (2 per fortnight)	Theme: My Positive Start <ul style="list-style-type: none"> • Identity & diversity • Family, Friendships (RSHE) • Rules of school & community (Citizenship) • Values of school (Include values passport) • Bullying • Child on Child • Learning qualities 		Theme: My World: Community <ul style="list-style-type: none"> • Community & volunteering including public spending • Respecting the Law • Charity – Foodbank • Making a difference 	Theme: My World: Current Affairs <ul style="list-style-type: none"> • Current affairs, Moral issues, critical analysis • Structure of debates, advocacy & representation, oracy 	Theme: My Body and Mind <ul style="list-style-type: none"> • Risky behaviour • Personal hygiene & healthy eating • Alcohol, smoking, drugs • Health impact from technology, social media 	Theme: My Future <ul style="list-style-type: none"> • Introduction to unifrog • Careers • Work skills & personal qualities
Year 8 (2 per fortnight)	Theme: My Positive Start (2 lessons only) <ul style="list-style-type: none"> • What is Personal Development? • Learning qualities 	Theme: My World: UK Justice System <ul style="list-style-type: none"> • Joint enterprise, Stop & search, criminal law • County lines • How laws are made (Legislature) & enforced (police, courts) • Freedom of speech & conflicting human rights • Prevent & extremism, hate crime 	Theme: My World (My Body and Mind) <ul style="list-style-type: none"> • Body image & mental health • Child on child (E-safety, online relationships, apps) • Media bias including gender, disability • Media influence including gambling & addiction, stereotyping • Stereotypes & prejudicial language 		Theme: My Body and Mind: Keeping safe <ul style="list-style-type: none"> • Conception • Contraception (RSHE) • Drugs & alcohol • First Aid • Healthy living • Risky behaviour 	Theme: My Future <ul style="list-style-type: none"> • Unifrog introduction • What does success mean to you? • Career Terminology • Careers & employment • Finance & money matters (Careers & Citizenship)



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 9 (2 per fortnight)	<u>Theme: My World: Local Democracy</u> <ul style="list-style-type: none">Local council, MPs, how are local decisions made?VolunteeringHow can I effect change? Online petitions, letters, contact MPs, campaigning, protest (direct & indirect)Active citizenship project		<u>Theme: My Future: Careers</u> <ul style="list-style-type: none">Unifrog introductionWork skillsCareersGCSE options	<u>Theme: My Future: Financial Literacy</u> <ul style="list-style-type: none">Savings, pensions, insurance, credit cards, bank accounts, mortgage, loanConsumer rights	<u>Theme: My Relationships</u> <ul style="list-style-type: none">Conception, contraception, STIs, fertility, family planning, teen pregnancy, miscarriages, unplanned pregnancyChild on child, Sexuality & gender, consentMental health, body image, healthy & respectful relationshipsSubstance abuse	
Year 10 (2 per fortnight) RSE day in Autumn term covering: <ul style="list-style-type: none">Respect, consent, health relationshipsDomestic violence, Sexual Consent, Rape & Sexual Offences, Grooming, Sexual ExploitationFGMPorn & revenge porn	<u>Theme: My World: UK Politics</u> <ul style="list-style-type: none">UK Political system including local governmentVoting, Prime Minister, Cabinet, Government, Parties, MonarchDemocracy & Free pressComparisons with other political systems (non-democratic)	<u>Theme: My Future: Careers</u> <ul style="list-style-type: none">Future CareersLabour MarketFurther & higher education, apprenticeshipsCV writingPreparation for mocks & year 11, study skills	<u>Theme: My World: World Politics</u> <ul style="list-style-type: none">EU, UN, NATO, CommonwealthCase studies of Human Rights abuses etc – Rwandan genocide, Northern IrelandInternational Law	<u>Theme: My Future: Work Experience preparation</u> <ul style="list-style-type: none">Booking WEX & paperworkBehaviour in the workplaceWork skillsLogistics of WEX	<u>Theme: My Relationships</u> <ul style="list-style-type: none">Healthy relationshipsForms of relationshipsFamily planning & marriageArranged and forced marriageResponsibilities of parenthoodRevisit topics from RSE day <i>n.b. mock exams & WEX will interrupt unit</i>	
Year 11 (2 per fortnight) RSE day in Autumn term covering: <ul style="list-style-type: none">Respect, consent, health relationshipsDomestic violence, Sexual Consent, Rape & Sexual Offences, Grooming, Sexual ExploitationFGMPorn & revenge porn	<u>Theme: My Future: Post 16 applications</u> <ul style="list-style-type: none">Personal statementsPost 16 applicationsApprenticeshipsEndurance: Fitness, Nutrition Healthy body & mind	<u>Theme: My Body and Mind: Risky behaviour and keeping safe</u> <ul style="list-style-type: none">Drugs, alcohol, vaping, smokingPornography and revenge pornographyCounty lines, criminal exploitation, stop & search, joint enterprise, grooming, Prevent	<u>Theme: My Future: Money Matters</u> <ul style="list-style-type: none">Financial literacyManaging a homeLoans, credit, finance,Future planning – relationships, parenthood, marriage, maternity/paternity/parental leaveSupport from the state: benefits, social housing, universal credit etc.Charities			



	Autumn Term	Spring Term	Summer Term
Year 7	Self-Assessment 'I Can' statements	Speaking and Listening assessment	Written assessment
Year 8	Written assessment	Speaking and Listening assessment	Self-Assessment 'I Can' statements
Year 9	Group presentation assessment	Written assessment	Speaking and Listening assessment
Year 10	Written assessment	Group presentation assessment	Speaking and Listening assessment

How do we assess in Personal Development?

Self-assessment 'I Can' statements are used for Year 7 and Year 8 with their My Positive Start and My Body and Mind topics: this is so students are able to reflect on their own knowledge to develop their understanding of some of the sensitive topics that have been taught.

Written assessments are used for all year groups: this will consist of ten questions that are then self-marked afterwards.

Group presentation assessments are used just for Year 9 and Year 10 with their My World topics. For Year 9, this will consist of the Active Citizen project that they will work on in groups. For Year 10, they will be participating in a Political Party race where they will then present to their peers, and we will hold a vote.

Speaking and Listening assessments are used for all year groups. This will consist of a speech and they will be assessed on their oracy skills, the content of the speech and the techniques used.