



## Physical Education Programme of Activities Autumn 1 2023

Day	Lunch 1:00pm – 1:30pm	After school 3:10pm – 4:15pm
Monday		Teen Gym* (Year 10 & 11)
Tuesday		Girls Football (All Years) Astro  Badminton (All Years) Sportshall
Wednesday		Boys Football (Year 7&8) Astro  Basketball (Year 7&8) Sportshall  Netball (Year 7&8) & Fixtures Courts / Sportshall
Thursday		Boys Football (Year 9 - 11) Astro  Netball (Year 9-11) Courts  Girls Rugby (All Years) Field  Trampolining (All Years)** Gym
Friday		Staff Sport

Lunch clubs: uniform can be worn with correct footwear

After school clubs: PE kit must be worn

\*Teen Gym Price - £2.75 a session Contact [community@testbourne.school](mailto:community@testbourne.school)

\*\* Must sign up as numbers will be limited, sign up [here](#) or email Mr Smith