



OCR Health & Social Care Mock Revision List

Year 11 – November 2025

1.1 Types of care settings ☐ Health care ☐ Social care	To include: Know examples of each type of setting
1.2 The rights of service users The right to: ☐ Choice ☐ Confidentiality ☐ Consultation ☐ Equal and fair treatment ☐ Protection from abuse and harm	To include: That service users are entitled to have these rights met in health and social care settings. Examples of how service users' rights are met.
1.3 The benefits to service users' health and wellbeing when their rights are maintained ☐ Empowerment ☐ High self-esteem ☐ Service users' needs are met ☐ Appropriate care or treatment such as mobility aids provided, or dietary requirements met ☐ Results in good/improving physical or mental health ☐ Trust	To include: Examples of how maintaining rights will benefit service users' health & wellbeing Linking benefits to rights in health and social care settings
2.1 Person-centred values and how they are applied by service providers ☐ Individuality ☐ Choice ☐ Rights ☐ Independence ☐ Privacy ☐ Dignity ☐ Respect ☐ Partnership ☐ Encouraging decision making of service users	To include: Know the meaning of person-centred values Examples of how the person-centred values can be applied in health and social care setting by service providers Physical effects on service users health and wellbeing if person-centred values are not applied making connections with PIES



3.1 The importance of verbal communication skills in health and social care settings □ Adapting type/method of communication □ Clarity/empathy/patience/using appropriate vocabulary, tone, volume, pace and willingness to contribute to team working	To include; An understanding of verbal communication skills linked with how and when they could be used and the benefits of using them
3.5 The importance of effective communication in health and social care settings □ Empowerment □ Reassurance □ Feeling valued □ Feeling respected □ Trust	

Specification & Link to Past Papers

Specification - [Cambridge Nationals - Health and Social Care Level 1/Level 2 – J835](#)

Past papers - [Cambridge Nationals - Health and Social Care Level 1/Level 2 – J835](#)

Essential equipment

Black pens.

Key Information

This exam unit is called RO32 and is worth 40% of your final grade at the end of the course. The paper has 70 marks.

Revision materials

Cambridge National in Health and Social Care Revision Guide and Workbook with Digital Access (2 Years): Level 1/Level 2 (Cambridge Nationals) Paperback – 28 July 2022. Revision resources for exam content on teams and share point.

Suggested revision activities

Complete revision mats or use flash cards to test yourself on each topic. Answer practice exam questions and use the mark schemes to check and correct your answers.