



Testbourne Community School

Home Learning: Guide for Parents



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Dear Parents and Carers,

This short booklet is to provide you with key information about the work your children are doing from home. There are 4 sections to this booklet:

Answers to questions about home learning

Many of us will be feeling stressed, overwhelmed and under pressure by everything that's happening around us, and this includes the work being sent home for your child. I wanted to address some of the concerns I have dealt with over the past few days to try and help us all navigate this new way of working.

How work is set in each subject

I also wanted to make the work set very clear to you and your children. I asked Heads of each subject to collate the information about the work they have organised and set on Teams and SharePoint. There are slight variations between subjects, as teachers have thought about the best way to approach their subjects and guide their students. I have laid out their responses in a table, so that you will be able to navigate to each subject easily.

Staying Fit and Healthy

We have information about a new Hampshire School Games initiative, involving a daily challenge for school children. We hope that this may help some students keep the motivation to be active and keep moving.

Email contacts

Finally, I know that some of you have found it difficult to email a teacher as you haven't known their email address. I have listed the email names for each department to make finding help easier.

As we move towards the first complete week of working at home, for many of us we are worried about a myriad of things, but there are still plenty of reasons to feel positive about the world, not least of all knowing our children are safe, supported and developed.

Wishing you all the best,

Mrs G Gray,
Assistant Headteacher



Answers to recently asked questions

1. There appears to be hours and hours of work set on Teams and on SharePoint. How am I supposed to get my child to get through it all?

- You are not, don't try. The teachers are trying to set work that is there when it is needed. We are arranging it in a logical way so that your child can do it bit by bit.
- Use the resources that are uploaded if you can, but don't use them if there is a problem: if you're getting stressed then so will your children.
- Some children will never finish all the work – we are giving work for a huge range of children and we want to provide enough for all of them. They do not need to finish all the work that is set.
- It's not a competition, or a race, so please pace yourselves and email your child's teachers if you have any queries.

2. I don't know how to teach, and I know nothing about home schooling! How can I educate my child when I don't understand the work?

- This is not home schooling: this is an unprecedented emergency situation impacting on the whole world. Home schooling is a parental choice, considered and planned for. This is, at best, distance learning. In reality, it's everyone trying their best to try and give some choice and some structure.
- You are, and always have been, your child's primary educator. If you decide that your child isn't going to engage, so you get them to read for an hour, or bake, or watch TV, then that is your choice and your right. There is nothing to stress or feel guilty about. Schools and teachers can't plan lessons as normal and expect all children to work on their own. If it was this easy to teach children, we'd all be out of a job!
- You're not expected to become a teacher and your children aren't expected to learn as they do in school. Simply providing your children with some structure at home will help them to adapt.

3. Someone in my child's class has everything done and we've barely started. Will they fall behind?

- Even if everything were equal in terms of support, time and number of children (which it's not) all children learn at different rates. In the class there's a wide range of levels in all subjects, and often there are many children working on differentiated levels of work. It's almost impossible for teachers to differentiate at the moment, so you don't have to do it either.
- Your child will not fall behind. The work we are setting is to help your child consolidate work, or to give them a taste of the work that will be taught when they return. If children could all learn new concepts without specific teaching, we wouldn't need teachers.



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- When school resumes teachers will cover much of this content again, as we know that all children need to go back over their learning – home learning or not!

4. How can I get three different lots of work done with 3 different children of different ages?

- You might not be able to, so don't put so much pressure on yourself. If they're old enough, try to get them to do little bits independently. Involve your children in setting the timetable where possible. It's a great opportunity for them to manage their own time better and it'll give them ownership.
- Create and stick to a routine if you can. This is what children are used to. For example, eat breakfast at the same time and make sure they're dressed before starting the 'school' day – avoid staying in pyjamas! Otherwise, try to do something they can all engage with such as reading, free writing, playing board games, art, cooking, exercise etc.
- Check in with your children and try to keep to the timetable but be flexible. If a task/activity is going well or they want more time, let it extend where possible.
- Designate a working space if possible, and at the end of the day have a clear cut-off to signal school time is over.
- If you have to all share the same laptop, email your child's teacher so they are aware of the constraints – maybe they have an alternative suggestion for productive work that only requires a smart phone?

5. My child needs support to complete these tasks, and I can't easily help them with their specific needs. What can I do?

- Remember this work is guidance for learning and you can adapt it to suit your child. If they cannot access the work set then take one small part of it and get them to focus on that instead, for example, just the first half of the worksheet, or the first 5 questions.
- Now might be the time to focus on developing your child's strengths in the areas they have previously struggled with. If they find reading hard, can you support them with this? [Here are some top tips to help](#). If they struggle with spelling, get them to practise the most common 1200 words by using <https://www.doorwayonline.org.uk/activities/speller/>
- Building a love of books is one way to promote literacy and help students encouraging wider knowledge. Here are some ideas for fiction books:
 - Write an alternative ending to the book.
 - Take characters from two different books and write a scene imagining them meeting. Think about the setting, and include dialogue.
 - Create some artwork inspired by a book you have enjoyed reading, or draw a map based on the story in your book. This could also be a building plan.



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- Turn a chapter of your book into a play.
- For non-fiction texts, could you write a news report? Or write a lesson to teach this to Year 3 children?

6. I'm worried about my child's mental health. How can I give them advice?

- These two links are really useful for young people (and in fact, anyone) during this stressful time.
- <https://www.annafreud.org/what-we-do/anna-freud-learning-network/coronavirus/>
- <https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing>
- Contact Ms Bateman using our Wellbeing and Counselling Support email address: wellbeing@testbourne.school
- Find more links on our website: <https://www.testbourne.hants.sch.uk/news/?pid=21&nid=2&storyid=149>



How work is set in each subject

Please look at the table below for specific details about work from each department. We have collated information about set work across the school, and of course there is variation between departments as is the nature of our differing subjects: for example, more work is set online in Maths than in Food Preparation! The aim of this document is as a reference so you can see slight variations between departments and also who to contact in case of any issues.

The first columns give information about the work set in Years 7 to 10. The last column (in yellow) gives work suggestions for Year 11. Please note that some subjects still have coursework tasks that need to be completed and so Year 11 should check this carefully.

Department	Work from Home folders	Teams Assignments	Typical tasks that are likely to be set	Contact	Year 11
Maths	<p>SharePoint folders by years.</p> <p>Subfolders within these for each of the next 4 school weeks.</p> <p>Each week folder for Year 7 to 10 has a document detailing the weeks work.</p>	<p>Added each Sunday as a reminder for all classes.</p> <p>This refers to SharePoint for work details.</p> <p>Some teams assignments will appear at the appropriate time with attached resources which are also in SharePoint.</p>	<p>Typically the weekly schedules in SharePoint refer to Mymaths tasks and Mymaths Assignments. Tasks set each week follow the curriculum subjects/topics that would have been taught at these times in the Maths department.</p> <p>These will only appear on a Sunday for the coming week. The tasks will be under My Homework and assignments under My Feeds on Mymaths. Using the Mymaths tasks has reduced but not eliminated totally the need for printing resources at home.</p> <p>Some assignments under My Feeds on Mymaths give links to a Video, a set of questions and a set of solutions for checking work. Typically these links are to areas on Maths genie.co.uk.</p>	Email class teacher.	<p>Details / resources in SharePoint by week as per details in assignment on Teams.</p> <p>Enrichment and extension activities 'A' level type available for Mr Rolls/Mr Coles class (aimed at those going on to do 'A' level maths). These will be added to each week.</p> <p>MyMaths Assignments under My Feeds gives details for all classes in Year 11.</p>



Testbourne Community School

English	SharePoint folders by key stage	Added to assignments on an ongoing basis.	All work is the scheduled work for the Curriculum plan. Pupils are working on a wide range of activities from Key stage 3 to Key stage 4. Powerpoints are in the Key stage 3 and key stage 4 area. Work in word document as an overview per teacher. PowerPoints all uploaded.	Email Mr Matthews or Mrs Chorley.	Year 11 will be working on the GCSE English Language textbook / workbook by Bev Emm.
Science	SharePoint folders by Year	Set by: Ms Laine: Y7 Mrs Ramsay: Y8 Mr Mead: Y9 Mr Hamilton: Y10 Set on a weekly basis.	Work will be broken down into individual lessons, for which there will be a separate folder, uploaded onto SharePoint, (linked through Teams). There will be a power point with the content and some tasks, there may also be worksheets to complete. Pupils will need to write out their work (pen/paper or electronically) and keep this for future reference. They can also access the 'STEM activity' folder on SharePoint, which suggests research projects and further reading.	Email your class teacher, or the teacher who is setting work for your year group.	We encourage students to sign up to the Open University and complete a free online learning course. They can also access the 'STEM activity' folder on SharePoint, which suggests research projects and further reading.
Languages	SharePoint Folders by Language	Each class's main MFL teacher sets the work for the week.	Students will be told how much time each section of work will take. It may be broken down lesson by lesson or set to be completed during the week. There are logon details for www.kerboodle.com , www.conjuquemos.com as well as other online resources in the two word documents inside the "Work from home" folder but before you select the individual languages. In each week's work folder there will be an instruction sheet (word document), worksheets with answers,	Email your class teacher	Details / resources in SharePoint by week as per details in assignment on Teams. For students continuing with MFL there are many resources available on www.kerboodle.com You can also sign up to the Open University: https://www.open.edu/openlearn/free-courses/full-catalogue and complete



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			PowerPoints which students can work through as they would in class. Students will also be encouraged to use online resources to reinforce vocabulary and grammar. They will be encouraged to logon at the same time as their friends so they can play against each other and learn together.		free online learning courses. Please let your teacher know if you will be studying MFL next year, they will also have resources/support material for you.
Geography	SharePoint folders by year	Added to assignments on an ongoing basis	All work will be set on a word document, students can write or type on these. These documents need to be kept somewhere safe as the students will need these when they get back to school. Students will be given a variety of tasks to do e.g. watch YouTube clips, read information, draw diagrams/ graphs etc. Students will need to complete an online quiz after every couple of lessons (the link will be included in the word document).	Email class teacher. Mr Smith's class please email Mrs Knab.	For those students carrying on with Geography next year, there is information about A-Level Geography on Sharepoint. We also encourage you to read/watch the news and any relevant documentaries. You can also sign up to the Open University and complete free online learning courses
History	SharePoint folders by year and then class Teams assignments will also have relevant worksheets attached	Added on a daily basis, (on the days that students would have had lessons) Students are asked to upload their work to their assignment(s).	All work set will either have a worksheet (students can print out and complete, or type on to complete), textbook scans, websites, YouTube videos or Seneca tasks. KS4 classes need to be careful with their work / files as these will be needed once they are back in school. Some classes will have online quizzes (e.g. Seneca or Forms) depending on their year group & the lesson they are	Email class teacher. Mr Lovegrove's class please email Miss Freemantle.	Year 11 are to continue their last few lessons of the Normans unit. We are encouraging students to sign up to the Open University and complete free online learning courses.



Testbourne Community School

		<p>There is an option for them to “+ Add Work”. They will then need to press “Hand In”.</p>	<p>completing. All links will be included in the Teams assignment.</p> <p>All students are asked to please upload their work to the assignment on Teams if they are able to. If they click on the assignment there is an option for them to “+ Add Work”. They will then need to select their files (computer documents or photos) and press “Hand In”.</p>		
RE	<p>SharePoint folders by Year 7 to 11. Subfolders within these for each week.</p> <p>Teams assignments will also have relevant worksheets attached</p>	<p>Added on a daily basis after Easter, (on the days that students would have had lessons) as there are lessons on there for this week and next already.</p> <p>Students are to upload their work to their assignment(s) if possible.</p>	<p>All work set will either have a worksheet (students can print out and complete, or type on to complete), You Tube videos, streaming for films and True Tube.</p> <p>GCSE students for both Year 9 and 11 will be given GCSE style questions periodically to practise exam techniques and applying knowledge. They are to submit via my email address h.brooker@testbourne.school</p> <p>Some classes will have to watch Newsround, True Tube, the One Show and The Big Question depending on their year group & the lesson they are completing.</p> <p>All students are asked to please upload their work to the assignment on Teams. If they click on the assignment there is an option for them to “+ Add Work”. They will then need to select their files (computer documents or photos) and press “Hand In”.</p>	Email class teacher.	<p>Students will need to create a True Tube account, it is free, as some of the clips they will need are from there.</p> <p>Year 11 are asked to continue their revision.</p> <p>All resources are in Student folder or you can use GCSE Bitesize, GCSE Pod and the AQA website for past papers and Mark schemes AQA Religious Studies GCSE 8062A Islam and Christianity and Non Textual Studies</p> <p>We are encouraging students to sign up to the Open University and complete free online learning courses. In addition, if you are considering RE/Sociology at A Level then use resources available.</p>



Testbourne Community School

DT	<p>Due to staff illness, DT work will be set for Years 7 to 10 after Easter.</p> <p>For students who would like to develop their DT knowledge and skills please use the BBC Bitesize website.</p>			<p>Year 11 – it is likely your portfolio will need to be submitted to the exam boards. Please continue to work on your portfolios. Email g.gray@testbourne.school if you need help with this.</p>	
Food	<p>SharePoint folders by year group.</p>	<p>Added on a Monday morning.</p>	<p>Year 9 and 10 will have fortnightly written tasks and practical tasks to cook and photograph. There will be 5 “lessons” to complete, with 2 of these being a practical. This is to replicate their current set up within school. Assessments will be set either through forms or as a written, self-assessment task.</p> <p>Year 7 and 8 are asked to complete one written assignment and cook once a week. They are currently looking at Food Provenance; watching short videos on traditional dishes and answering questions/completing tasks to compliment the video.</p>	<p>Email Mrs Edwards.</p>	<p>I have asked Y11 to complete their NEA2, using a different colour or type of font. This needs to be emailed to me by Friday 3rd April.</p> <p>Revision resources, past paper and other tasks are available to them in SharePoint. Online textbook log in has been shared on Teams.</p>
Health and Social Care	<p>SharePoint folders by year group.</p>	<p>Added by section 5 X 50 min sessions on each booklets for Y9. Paper Booklets given in advance for Y10 & 11</p>	<p>Year 9 have fortnightly written tasks in a prepared series of booklets including hyperlinks and practical tasks to do. There will be 5 “50 minute lessons” to complete. This is to replicate their current set up within school. Assessments will be set when the allotted time has passed, as a written self-assessment task and an accumulative mark form all 5.</p>	<p>Email Mrs O’Connell.</p>	<p>I have asked Y11 to complete their NEA1a, using a different colour or type of font from where they had finished in school. This needs to be emailed to me by Friday 20th April.</p> <p>Revision resources, past paper and other tasks are available to them in SharePoint. Online assessment brief is now accessible on SharePoint /</p>



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			Year 10 have been given LAA, LAB and LAC which are the 3 bases of the Health and Social Care foundation there are several Lessons I have asked them to complete with a one written assignment similar to a mock exam which will be teacher marked replicating a mock exam for these sections. They are currently looking at Health Measures Culture and Health and Well being; watching short videos and answering questions/completing tasks to compliment the videos and hyper link.		Teams Year 11 have been given NEA1b Lessons following a series of PowerPoints I have asked them to complete the prepared booklet waiting on further instructions for their remaining 1B written assignment similar to 1A which will be teacher marked replicating their Internal assessment there is a time limitation on the work required which has been explained to the students on last day of school.
PE – Core PE (all years)	SharePoint folders by Year. SharePoint tab also in Teams.	Work scheduled to be assigned for all on Monday mornings	Physical activity should be completed a number of times a week. Youtube clips, PowerPoints with circuits to complete. Worksheets on Theory behind the learning. Quizzes on the theory.	Email class teacher for help with theory work.	Physical activity should be completed a number of times a week. Youtube clips, PowerPoints with circuits to complete.
PE – GCSE PE (Y9)	SharePoint folder within year 9. SharePoint tab also in Teams.	Teams has a tab to link to SharePoint	PowerPoints will be uploaded and work set to complete in books or on worksheets	Email class teacher.	N/A
PE – Health and Fitness (Y10)	SharePoint folder within year 10. SharePoint tab also in Teams.	Teams has a tab to link to SharePoint	Powerpoints and worksheets. Scenario related questions which will be similar to coursework requirements	Email class teacher.	Year 11 need to make notes for Task 5 with appropriate research and preparation at home, as it is likely the exam board will want to see the completed Synoptic Project.



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Computing	SharePoint folders - KS4	<p>KS3 Ongoing projects – to be submitted and reviewed weekly</p> <p>KS4 assignments set weekly</p>	<p>Year 7 – ongoing Scratch assignment with workbook and guidance available on Teams.</p> <p>Year 8 – ongoing Python assignment with workbook and guidance available on Teams - extension project also available</p> <p>KS4 - Live case studies and implications based on news activity. Watch the news and document how IT is being used to help combat COVID-19. What are the effects on social, legislation, culture and economics? Programming projects set, alongside CraignDave activities and past questions (6 a day booklet)</p>	Email or Teams to their class teacher.	<p>Revision resources, past paper and other tasks are available to them in SharePoint.</p> <p>Watch the news and document how IT is being used to help combat COVID-19. What are the effects on social, legislation, culture and economics?</p> <p>Those students who are wishing to continue with Computer Science next year are advised to email me for further resources and guidance.</p>
Business	SharePoint folders - KS4	Ongoing projects and assignments set weekly	Monitoring of economic and business activity, recap and application of theory to a variety of case studies. Practise exam questions and Seneca learning assignments.	Email or Teams to their class teacher.	<p>Revision resources, past paper and other tasks are available in SharePoint.</p> <p>Those students who are wishing to continue with Business Studies next year are advised to email for further resources and guidance.</p>
PHSCE	SharePoint	Individual teachers upload to their classes	<p>Recapping some work that has been done in lesson and longer writing answers too.</p> <p>Students are able to research and use IT resources if available to complete their work.</p>	Email class teacher.	N/A
Music	SharePoint folders – KS3 and KS4	Assignments set weekly on Teams	KS3: Year 7 are working on the Orchestra and completing online lessons and quizzes on musicfirst. Year 8s have PowerPoint lessons with audio and video on iconic	Email class teacher	<p>Continue to complete composition work.</p> <p>Revise using resources on</p>



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			pieces of Classical music and will then start work on film music. KS4: Composing tasks using online software such as musescore. Music theory and history assignments using Music First online. Starting to learn exam 'set works' using resources on SharePoint and revision guides.		SharePoint.
Dance	SharePoint Folders for each year group.	Teams assignments will be posted on Monday mornings	<ul style="list-style-type: none"> • Practice exam questions, with answers released on Teams for students to mark their work. • Worksheets to complete • Videos to watch and analyse • Yoga and Body conditioning Powerpoint to complete 2-3 times a week to maintain physical skills. 	Email Miss Parry.	Yoga and body conditioning PowerPoint on Teams – very good to maintain a healthy body and mind!
Drama	SharePoint folders: Year 7 and 8 and Year 9 and 10	Added to assignments on an ongoing basis	<p>KS3: a variety of tasks involving Youtube and written tasks. Some will be suitable for both year groups. Some will be completed on student document; others will need to keep copies.</p> <p>KS4: Year 10 are working on their mock portfolios. They will then be given AIC to read and complete tasks.</p> <p>Both key stages will also have bitesize quiz.</p>	Email Mr Carrington.	Students have been asked to complete the exercises on the booklet given out. There are also practice assessment questions on each of the three acts in AIC
Art & art photography	Teams and SharePoint to save work	Full project uploaded; broken down weekly by teacher. Ms B will do	<p>KS3 – projects set by year group. Weekly tasks given. Students should then upload a photo of their work onto the Teams assignment for feedback.</p> <p>Challenges will be set after the first week, which are meant to test creativity and originality, as well as be something a bit</p>	Email Ms Brown or Mrs Horner.	<p>We are continuing to work on our ESAs (exam work). This should still be worth 40% of their final grade.</p> <p>The original exam was booked for 4th May so we will collate everything given in on this date and mark these</p>



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		<p>this Mondays, Mrs H will follow the weekly timetable.</p>	<p>fun. These will be set on Teams: more details to follow.</p> <p>Yr 9 Art – Project work has been set. It is being broken down into weekly tasks on Teams.</p> <p>Year 9 Photography – work has been set requiring just a computer and a camera of any quality.</p> <p>Year 10 both Art & Photography –started the Mock Exam project: they have individual projects, with a checklist of tasks broken down into weeks. Work will also be broken down into weeks on Teams as a reminder.</p> <p>Y9 and Y10: Students should upload photos of their work to Teams assignments or into their Shared Drive folder.</p>		<p>for final grades.</p> <p>Please ensure you upload work regularly in your individual Shared Drive folders and email when you have completed it or need advice.</p>
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Staying Fit and Healthy

The Chief Medical Officer guidelines state that children should be active for 60 minutes per day to maintain good physical and mental health. These guidelines are more important now than ever. We know that there are many ways to keep fit and healthy, and we have also recommended the 30 minutes of 'PE with Joe'. But many of our students often competing in sports training and matches, and as such they may be missing their fitness activities now schools are closed. In response to this, School Games Organisers (SGOs) from across Hampshire and the Isle of Wight are finding new ways to keep young people fit. This week, they launched [#HSGDailyChallenge](#) to encourage pupils to stay active and compete to achieve their personal bests.

#HSGDailyChallenge will involve daily physical activity challenges for primary and secondary school pupils. The School Games Organisers will publish a new challenge every day via @HampshireSGO Twitter and Facebook channels.

Follow the School Games Organisers on Twitter or Facebook to join the challenge:

Twitter: @HampshireSGO

Facebook: @HampshireSGO or search 'Hampshire SGO's'

If you are not on social media, you can access the challenges via emailing our local SGO: pjeffs@brightonhill@hants.sch.uk

Pupils will be encouraged to record their progress and improvement and compete to achieve their personal best. Outstanding achievements will be rewarded with spot prizes for individual and schools. Hampshire School Games Organisers are keen for as many children as possible to take part, so if your child has a lot of excess energy, we highly recommend taking part!



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Email contacts

We realise that this is an unprecedented time, and in this unique situation it could be more relevant for parents to email teachers directly with questions about the subject. Please note all the email addresses follow the same structure and you need the first initial and the surname, then @testbourne.school

Therefore here are the correct first initials and spelling of names for emailing the teacher for each subject. Some teachers teach across subjects, but below you will find the main teachers, or the most relevant to contact during this closure time.

Please remember that staff could be ill; looking after ill dependants or family; working in school caring for the children of key workers; or otherwise unable to respond rapidly. Staff generally respond to email within 3 working days.

Maths	c.roll@testbourne.school c.roberts@testbourne.school n.cole@testbourne.school a.wall@testbourne.school s.mathias@testbourne.school
English	s.matthews@testbourne.school l.chorley@testbourne.school
Science	k.laine@testbourne.school d.hamilton@testbourne.school s.romain@testbourne.school r.mead@testbourne.school j.ramsay@testbourne.school r.wilson@testbourne.school
Languages	d.jones@testbourne.school g.norris@testbourne.school m.bright@testbourne.school
Geography	l.knab@testbourne.school s.nottingham@testbourne.school j.macaulay@testbourne.school
History	b.freemantle@testbourne.school l.harrison@testbourne.school
RE	h.brooker@testbourne.school
PE	j.smith@testbourne.school n.chewins@testbourne.school l.vallance@testbourne.school k.alderman@testbourne.school j.lovegrove@testbourne.school
DT	g.gray@testbourne.school
Food	l.edwards@testbourne.school



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Dance	e.parry@testbourne.school
Health and Social Care	j.oconnell@testbourne.school
Music	r.lester@testbourne.school k.middleton@testbourne.school m.parker@testbourne.school
Drama	j.carrington@testbourne.school
Art and Art Photography	a.brown@testbourne.school m.horner@testbourne.school
Business	j.edward-boyce@testbourne.school
Computing	j.edward-boyce@testbourne.school h.khawaja@testbourne.school